

# Saint Report Guidelines

## Choosing Your Saint

You should look at the heroic lives of the Saints of the Catholic Church to select one particular Saint whose life serves as a model and patron for you during your life. Choose a Saint that you can relate to and whose life inspires you to strive for holiness. Do not just choose a name you like. You need to develop a spiritual relationship with your Saint. There are many books and websites with information about the Saints.

Some examples of acceptable sources are:

[www.catholic.org/saints](http://www.catholic.org/saints)

<https://lifeteen.com/blog/biggest-best-list-confirmation-saints-guys-girls>

## Saint Report Guidelines

Your Saint report should be two pages long. There should be a cover page with a picture of your Saint, The saint's name and your name. The Saint Report should answer the following questions but mainly be focused on, How the life of this Saint inspires you and challenges you to strive to live a life of Holiness in a way that is counter cultural to our world and society:

1. When and where was your saint born? What was going on in the world during that time?  
(i.e. persecution, reformation, middle ages, etc.)
2. If the information is available what was your Saint like when he/she was your age?
3. Did your saint undergo a major conversion experience from living a poor Christian life to one of great virtue?
4. What virtues does your Saint possess?
5. What works or service is your saint known for? (i.e. missionary, teacher, doctor, etc.)
6. What is your Saint's Feast Day?
7. How did your Saint die?
8. **Why did you choose this Saint as your Confirmation Saint?**